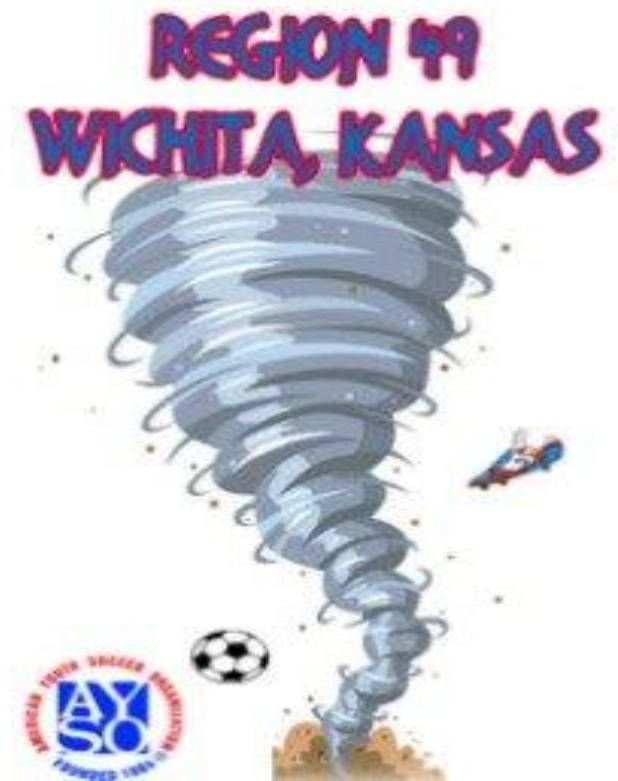


# AYSO Region 49 Parent and Player Handbook

2017 - 2018



316-686-2976

[www.ayso49.org](http://www.ayso49.org)

Facebook.com/ayso49

Twitter.com/ayso49

Ayso.bluesombrero.com/region49

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## Welcome Parents

Dear Parents:

Welcome to another great season of soccer! I would like to extend a special welcome to our new Region 49 players, parents, coaches, and referees. I hope that you will have a great time, make new friends, and learn more about the great sport of soccer.

**Volunteers are the heart of AYSO.** Everyone in Region 49 (including the Regional Commissioner, Board Members, Referees, Coaches/Assistant Coaches, and many Team Parents) is an **unpaid** volunteer who has made a commitment to help our organization be as excellent as it can be. I strongly encourage you to get involved with your child's team. Talk with the coach or other volunteers to see how you can help. Our region has many parents who volunteer to help with different parts of the program. We are always in need of your help to keep your Region running smoothly.

We have an ongoing need for coaches and referees, as well as coordinators and directors for various aspects of our program. If you were with us last year you don't have to be told about the need for referees. If you would like to really get to know the game and be in the middle of the action, volunteer for free referee training and certification. We provide free training and instruction material for all of our volunteers and get you out on the field and participating.

We also need help assisting with scheduled registrations and help with collecting for our food drive for the Kansas Food Bank. As always, we need everyone's help to keep litter picked up off the fields. Volunteering in AYSO is a great way to spend time with your child and make new friends!

An important point to remember is that there are NO dogs allowed on the West side of Stryker Soccer Complex during our seasons of play. You will be asked to take your pooch to your vehicle. This is a Safety issue. We do comply with the ADA.

If you have any questions or suggestions, please call our Region 49 phone number (686-AYSO (2976)), email me at [rc@ayso49.org](mailto:rc@ayso49.org) or mail to:

AYSO Region 49  
P.O. Box 21384  
Wichita, KS 67208

Keep on Kicking -

*Carol Henderson*

Carol Henderson  
Regional Commissioner  
AYSO Region 49

**AYSO 50 YEARS OF SOCCER**

**AYSO Region 49 40 years of soccer**

## CALENDAR

### 2017

August 29	Coaches Meeting @ Countryside Christian Church, 7:00 pm
September 1-2	Coach and Referee Training at Friends University
September 8-9	Coach Training at Friends University
September 16	First game of the fall season
September 23	Week 2:
September 25	Board Meeting, 7:00 pm at Rusty Eck Ford All are welcome:
September 30	Week 3:
October 7	Week 4: Picture Day
October 14	Week 5:
October 21	Week 6:
October 23	Board Meeting, 7:00 pm at Rusty Eck Ford All are welcome
October 28	Week 7
November 4	Week 8: U19G Tournament
November 11	3v3 Tournament at Region 491

### 2018

January 22	Board Meeting, 7:00 pm at Rusty Eck Ford All are welcome
February 26	Board Meeting, 7:00 pm at Rusty Eck Ford All are welcome
February 20	Coach Meeting 7:00 pm @ Countryside Christian Church
February TBD	Referee Training (TBD)
February TBD	Coach Training (TBD)
March 10	Week 1
March 17	Week 2
March 24	Week 3
March 26	Board Meeting, 7:00 pm at Rusty Eck Ford
March 31	Week 4
April 7	Week 5
April 14	Week 6
April 21	Week 7
April 23	Board Meeting, 7:00 pm at Rusty Eck Ford
April 28	Week 8: Awards
May TBD	Area 4U Jamboree (5U – 10U) @ Region 49
May TBD	Area 4U Tournament (12U – 19U) @ Region 208

## COMMUNICATION

**Communication is extremely important in an all-volunteer organization like AYSO. We do not have any full time employed personnel to monitor phones.** We will have newsletters on-line each week to keep you informed about upcoming events. One of our most important tools for communication is our web site, [www.ayso49.org](http://www.ayso49.org). There is a wealth of information available on our web site; registration forms, registration status, schedules, rain-out notifications, maps, newsletters, laws, rules, FAQs (Frequently Asked Questions), calendar of events, information about upcoming events, and more. If you have Internet access, please check the website first to answer any question before calling 686-AYSO (686-2976) or sending an e-mail note.

Also, you can sign up for our email distribution list at [www.ayso49.org](http://www.ayso49.org) to receive notices of game cancellations due to weather or unplayable conditions. Or visit [Twitter.com/ayso49](https://twitter.com/ayso49), [Facebook.com/ayso49](https://facebook.com/ayso49) and [ayso.bluesombrero.com/region49](http://ayso.bluesombrero.com/region49).

## Board of Directors

Regional Commissioner (RC)	Carol Henderson	RC@ayso49.org
Assistant Regional Commissioner	Open	RC@ayso49.org
Coach Administrator	Jeff Shepler	CoachAdmin@ayso49.org
Referee Administrator	Ed Gormanson	RefAdmin@ayso49.org
Treasurer	Kelly Gordon	treasurer@ayso49.org
Registrar	Mark Yeskie	registrar@ayso49.org
Child & Volunteer Protection Advocate	Betsy Schumann	cvpa@ayso49.org
Scheduler & Website Administrator	Mark Yeskie	mark@ayso49.org
Equipment Director	Open	equipment@ayso49.org
Safety Director	Jeff Henderson	safety@ayso49.org
Volunteer Coordinator	Open	volunteer@ayso49.org
Social Media Director	Velya Randolph	<a href="mailto:secretary@ayso49.org">secretary@ayso49.org</a>
Secretary	Velya Randolph	<a href="mailto:secretary@ayso49.org">secretary@ayso49.org</a>

## AYSO BOARD MEMBERS DUTIES

- **Regional Commissioner** presides over Region activities.
- **Assistant Regional Commissioner** assists RC and presides over activities in RC's absence.
- **Regional Coach Administrator** arranges coach training, education, and support.
- **Regional Referee Administrator** arranges referee training, education and support.
- **Treasurer** keeps the Region books and disburses all funds.
- **Registrar** organizes and coordinates player registration, maintains the Region's roster of players, and distributes team rosters to coaches.
- **Child/Volunteer Protection Advocate** oversees the child and volunteer protection program in the region in accordance with the AYSO Safe Haven program.
- **Fields Coordinator** secures, prepares, and maintains the Region's playing fields.
- **Website Administrator** develops and maintains the Region's web site.
- **Equipment Director** order and distribute equipment and uniforms.
- **Safety Director** coordinates Accident Reimbursement Program and addresses safety concerns
- **Volunteer Scheduler** assists with scheduling volunteers for Region activities.
- **Social Media Director** maintains the Twitter and Facebook accounts
- **Secretary** takes minutes of the board meetings and maintains their files

## WHAT IS THE AYSO PHILOSOPHY?

The AYSO program today is concerned not only with offering youth an enriching, growing experience through soccer, but also with training and developing adult and youth volunteers who will carry on the traditions, goals, and philosophies of AYSO. Our mission is to provide FUN soccer programs where young people can develop a positive self-image, self-confidence, and other positive character traits through their interest and participation in soccer.

### ***Everyone Plays***

Our goal is for ALL players to play soccer. Each player on every team must play at least half of every game. Our motto "Everyone Plays" is not just a slogan. In our Region, we expect every player to normally play at least three quarters of every game.

### ***Balanced Teams***

AYSO requires that all teams be as balanced as possible. Therefore, after registration is complete, team selection is made by a computerized assignment process considering age, years playing, and coach evaluation. Our goal is to place each child on a team with a cross-section of talent to make games more fun and challenging for all players.

## ***Open Registration***

Our program is open to all children age 4 through 18 years by December 31<sup>st</sup>, 2017. Interest, enthusiasm, and the desire to have fun are the only criteria for playing.

## ***Positive Coaching***

AYSO requires that all volunteers maintain a positive attitude during all interactions with players, parents, and other volunteers. Coaches are encouraged to support each player on the team, to set a good example, to make only positive comments, to teach the importance of playing your best, and to help players discover the rewards of playing soccer. We train and encourage our coaches to make an extra effort to understand and offer positive encouragement, rather than criticisms.

## ***Sportsmanship***

Good sportsmanship begins with the attitude of coaches and parents, extending down to the players. Players model behaviors they see in their own family and coaches. Winning is NOT the most important factor in this soccer program. Working together as a team and treating others with respect are goals of AYSO.

## ***Player Development***

We believe that all players should be able to develop their soccer skills and knowledge to the best of their abilities, both individually and as members of a team, in order to maximize their enjoyment of the game.

## **WHAT IS AYSO?**

### ***History***

AYSO stands for American Youth Soccer Organization. AYSO was founded in September 1964 in Torrance, California by five men dedicated to youth soccer and the development of caring, concerned American citizens. These five men, Ted McLean, Steve Erdos, Bill Hughes, Ralph Acosta, and Hans Steirle became AYSO's first executives. AYSO philosophies of "Everyone Plays", "Balanced Teams", "Open Registration", "Positive Coaching", and "Sportsmanship" have been role models for the development of many other sports programs. In 1964, AYSO's family included only nine soccer teams and was limited to players 9 to 12 years old. Today, AYSO had grown to over 650,000 players and over 250,000 dedicated volunteers. AYSO has also expanded its horizons to include soccer players 4 through 18 years of age, and teams for children with special needs (V.I.P. Program). AYSO also now has organizations in 48 states, Russia, the US Virgin Islands and Trinidad and Tobago.

### ***The AYSO Organization***

AYSO is governed by a National Board of Directors. AYSO's National staff is in Torrance, California, and work closely with the National Board of Directors to provide services such as training, support for coaches, referees, and local volunteer administrators, computer registration, accounting, public affairs, accident insurance reimbursement, manuals, supplies, and cultural exchange.

### ***AYSO Region Volunteer Staff***

The grass roots level of AYSO starts with individual AYSO Regions. Each Region is headed by a Regional Commissioner, who is responsible and authorized to conduct the business of the Region within the framework of AYSO's philosophies, rules and regulations, and bylaws. AYSO is **Volunteer** Driven.

## **REGISTRATION**

### ***How Do I Register My Child?***

Formal registration sessions are held in July & August, although one can register at any time. Registration is through Blue Sombrero. All registrations must be e-signed. Fees must be paid with a credit/debit card. Players may not play or practice until officially registered in the Region, due to AYSO national guidelines and insurance coverage.



## **Registration Fees and Discounts**

The registration fee is \$110.00 for the first child. A second child from the same family is an additional \$105. For a third child and each additional child from the same family the fee is \$100. A limited number of scholarships are available; please contact the RC if you need more information.

## **Waiting List**

If players sign-up after teams are formed, they can be placed on a waiting list. They may be assigned to teams with openings in order to bring a more even balance. Assuming that there are vacancies on teams, they may be placed by the Registrar in agreement with the RCA on a first come, first served basis, based on date of registration. If no openings exist on teams within that Division, the player may be either referred to another Region or placed on a waiting list for Region 49. Parents will be informed by the registrar or regional coach administrator as to the status of your child.

## **Refunds**

**Request for a refund must be in writing directed to the RC.** Refunds will be given if a child has not practiced nor played a game and returns an unused uniform. Refunds will be minus the \$17.50 that was paid to National. **Partial refunds may be given in very unusual circumstances at the direction of the RC.** Letter may be sent to: AYSO Region 49, PO Box 21384, Wichita, KS 67208 or may be emailed to: [rc@ayso49.org](mailto:rc@ayso49.org). Please give a brief description as to why your child won't be playing. Letter/email **must** include: child's name, DOB, coach name if currently assigned to a team, and mailing address in which to send the refund. The AYSO National fee of \$17.50 paid at registration is non-refundable.

## **Where Does the Money Go?**

Funds are raised by region registration fees, fundraisers, and donations to cover the following:

- National AYSO fees (insurance, support, and services)
- Area fee to cover costs of training and tournaments
- Player uniform (shirt, shorts, socks) (These shorts are part of the official uniform)
- Field usage fees that we pay to Wichita Parks Department
- Soccer ball and goalkeeper shirt(s) for each team
- ALL Region supplies (nets, field marking equipment, repairs, postage and photocopying, volunteer training materials, rental of facilities for meetings, coach and referee training materials, etc.)

We are also required by the National bylaws to provide a final financial statement at the end of the season. You can find a copy of our year-ending, June 30, 2017 operating statement in the back of this manual.

## **TEAMS**

### **Forming Teams**

**Balanced Teams** was mentioned earlier as one of the guiding six philosophies of AYSO. This is the reason that we will not allow a coach to bring a handful of players and form his own team. A player may request to play with one other player but the other player **must reciprocate** the request. This can be done by sending an e-mail to the RC @ [rc@ayso49.org](mailto:rc@ayso49.org). Requests are not guaranteed to be granted. Coaches are **prohibited** from recruiting players for a specific team.

### **Age Groups**

The age divisions are created based on the player's age as of December 31<sup>st</sup>, 2017. So while each age division has an absolute upper age limit, there technically is no lower age limit. So an extremely gifted nine year-old could play in 10U, or 12U (if they could handle the competition). The one exception to a division with no lower limit is the 6 and Under division. All players must be at least 4 before they start playing.



DIVISION	AGE as of 12/31/18	Players on the field	Ball Size
7B & 7G (17xx)	ages 5-6	4 players/no goalkeeper	#3 ball
6B & 6G (16xx)	ages 7-8	4 players/no goalkeeper	#3 ball
5G & 5B (15xx)	ages 9-10	6 players + goalkeeper	#4 ball
4B & 4G (14x)	ages 11-12	8 players + goalkeeper	#4 ball
3G & 3B (13x)	ages 13-15	10 players + goalkeeper	#5 ball
1G & 1B (11x)	ages 16-18	10 players + goalkeeper	#5 ball

### ***What Team Is My Child On?***

The coaches will receive their rosters at the coaches meeting. You can expect to receive a call from your coach shortly after that date. Parents can also find out what team their child or children are on by going to [www.ayso49.org](http://www.ayso49.org) after August 31<sup>st</sup>.

### ***Are There Coed Teams?***

No. The only exception to this is on the 18U teams in the spring. Since most of the high school girls are playing soccer at their school, there are not enough girls interested in playing AYSO in the spring. The few girls who are not playing at school and want to play in the spring are allowed to play on the boy's 18U team in the spring. **For the younger divisions, there are no coed teams.** 5U/6U can have exceptions depending on the number of players.

## **EQUIPMENT**

### ***UNIFORMS***

A uniform consisting of jersey, shorts and socks is provided for your child's use at the beginning of the season and is yours to keep when the season ends. You are responsible for taking care of the full uniform. Do not iron the jersey. Uniforms should not be worn at practice, only for scheduled games. Players may **not** wear rings, watches, chains, necklaces, **earrings** (cannot be taped), bracelets (plastic or woven included) or hard pony tail holders or barrettes as these items may cause injury during play. Also, no casts (hard or soft) or splints (exception: knee brace) can be worn on the playing field. If casts/splints are taken off in the field area, the child will still NOT be able to play. Religious and medical identification, if worn, must be taped.

### ***SHOES***

Although not required, it is strongly suggested that players wear soccer shoes with rubber or plastic molded cleats (no metal). **Shoes with toe cleats are not allowed.** Shoes should fit comfortably with athletic socks. No sandals allowed.

### ***SHIN GUARDS***

It is only common sense to protect the vulnerable shins. Shin guards can and do protect the player. A National Rule makes shin guards mandatory. Shin guards must be covered by socks. They may be purchased from the local sporting goods stores or at stores such as Wal-Mart, K-Mart and Target. New lightweight shin guards provide freedom of movement without being heavy and cumbersome. **A PLAYER MUST WEAR SHIN GUARDS AT ALL PRACTICES AND GAMES.**

### ***BALL***

Each player is encouraged to practice with a ball and it is recommended that a "real" soccer ball is obtained. The ball should be a stitched ball as they will last longer. Balls with panels glued on will not last long and can be dangerous to use when the panels start to come off. It is also important that you obtain the correct size ball

- A size "3" ball for Divisions 6U and 8U
- A size "4" ball for Divisions 10U and 12U
- A size "5" ball for Divisions 14U, 16U, and 18U

A player needs to practice with a ball to develop skill and coordination. Any time spent with the ball makes for a better player and active parent participation is greatly encouraged. It is strongly recommended that the player's name is put on the ball for identification.

### Field Size

- Field size varies by age division as listed below.

AGE	Field Size	Goal Size (maximum)
6U	15 yards by 25 yards	4 feet high by 6 feet wide
8U	35 yards by 25 yards	4 feet high by 6 yards wide
10U	60 yards by 40 yards	6.5 feet high by 18.5 yards wide
U-12	75 yards by 45 yards	6.5 feet high by 18.5 yards wide
U-15	100-130 yards by 50-100 yards	8 feet high by 24 yards wide
U-16	100-130 yards by 50-100 yards	8 feet high by 24 yards wide
U-18	100-130 yards by 50-100 yards	8 feet high by 24 yards wide

At Region 49, short-sided games are played for 6U, 8U, 10U and 12U.



A diagram of a typical field explaining the terminology of a soccer field

## GAMES

### *When is the Season?*

Our season starts each fall and goes through the spring. Players will stay on the same team for fall and spring sessions. Registration fees includes both fall and spring sessions. Games are on Saturday with approximately eight games each fall and spring. Teams take a break over the winter, resuming play on approximately the second Saturday in March for another eight games. While we will make every effort to play all 16 scheduled dates, there may be situations that make it impossible to make up a scheduled date.

### *Game and Practice Schedules*

Your child's coach will notify you about practice and game schedules. The best way to have input into the location, date, and time of practices is to volunteer as a coach, assistant coach, or to help with your child's team. Remember, that your child's coach is a volunteer, and has other obligations also. Please let your child's coach know when your child will miss a practice or game. **ALL SCHEDULES ARE AVAILABLE AT [www.ayso49.org](http://www.ayso49.org)** . Simply enter your child's name and birth date and you will get the schedule and the coach's name and phone number.

### *Game Duration*

- Games are scheduled every one hour and 30 minutes for 16U and 18U.
- Games are scheduled every one hour and 30 minutes for 12U and 14U.
- Games are scheduled every one hour and 15 minutes for 8U, and 10U. Total playing time for each division is approximately one hour (including halftime).
- Games are scheduled every one hour and 15 minutes for 6U. Total playing time for this division is approximately 30 minutes (including halftime). The philosophy is to hold a practice for approximately 30 minutes, try to teach the kids some fundamentals, and then hope that they can remember them 30 minutes later during the game. There are no practices during the week.

<b>AGE</b>	<b>Game Duration</b>
• 6U	10 minute halves
• 8U	20 minute halves
• 10U	25 minute halves
• 12U	30 minute halves
• 14U	35 minute halves
• 18U	45 minute halves

### ***Where Are the Games Played?***

All 6U games are played at Stryker Soccer Complex. 8U and 10U teams may have 1 or 2 away games each eight week session at either Region 253 (Valley Center Middle School). 12U teams will typically have 2 or 3 away games each eight week session at either Region 208 (17<sup>th</sup> N and Ridge – Sedgwick County Park), Region 253 or Region 491 (Clearwater). 14U and 18U divisions will play approximately half of their games at Stryker and the other half away.

<b>AGE</b>	<b>Field Location (at Stryker) (Subject to change)</b>
• 6U	6A, 6B, 6C, 6D
• 8U	7A, 7B
• 10U	10E, 10W
• 12U	8
• 14U	11
• 18U	11

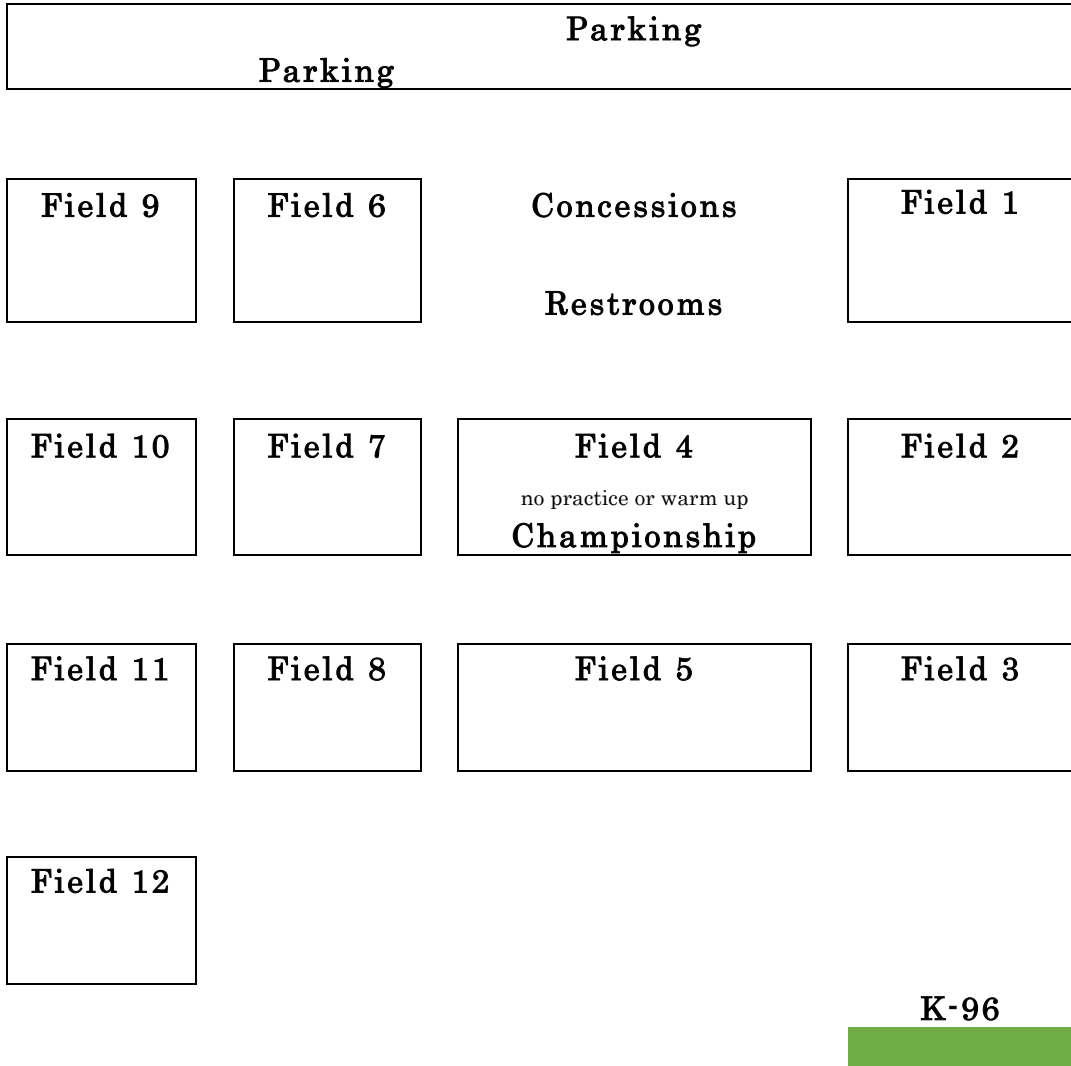
**Depending on the number of teams for 8U/10U, “traveling” may be required.**

**Layout of Stryker Soccer Complex**

AYSO Region 49 Stryker Soccer Complex at  
29th St. North & Greenwich

W  
E  
B  
B  
R  
D

G  
R  
E  
E  
N  
W  
I  
C  
H  
R  
D



**Location of Interregional Games**

- **Region 49** Stryker Fields located at 29th Street North and Greenwich.
- **Region 208:** Ridge at 13th Street in west Wichita. (2/3 mile S of 21<sup>st</sup> St N) or (N of 13<sup>th</sup> St)
- **Region 253 - Valley Center:** McKay-Petrie Sports Complex 800 N Meridian, 67147, behind Valley Center Middle School
- **Region 491 – Clearwater:** In Chisholm Park on Clearwater Road (103<sup>rd</sup> Street South) just east of South 135<sup>th</sup> Street West

Contact information for field location and rain-outs.

- |              |               |  |              |
|--------------|---------------|--|--------------|
| • Region 49  | East Wichita  | <a href="http://www.ayso49.org">www.ayso49.org</a>   | 316-686-2976 |
| • Region 208 | West Wichita  | <a href="http://www.ayso208.org">www.ayso208.org</a> | 316-721-4976 |
| • Region 253 | Valley Center | <a href="http://www.ayso253.org">www.ayso253.org</a> | 316-755-4440 |
| • Region 491 | Clearwater    | <a href="http://www.ayso491.org">www.ayso491.org</a> | 620-584-4625 |

## REFEREES AND COACHES

Referees and coaches in AYSO are volunteers who have made a commitment to work with your child. Please offer them your support and assistance. These volunteers receive special training from certified Referee and Coach Instructors. Take a moment to thank them for all of their hard work. All coaches must have Safe Haven training prior to the first practice. Coaches must attend (or complete on-line) the AYSO age appropriate training before the first practice. An Advanced Coaches Clinic is also available. These clinics are free of charge to the volunteers. Head coaches are **required** to have attended age specific training to be eligible for inter-regional games and tournament play.

## LAWS OF THE GAME

In soccer, the rules that govern the play are called the “Laws of the Game.” These Laws are set forth by FIFA, the international governing body for soccer. While the laws are fairly simple, space limitations do not allow us to publish the entire set of laws within this manual. A full copy of the laws can be found at **www.ayso49.org**. These laws are for full-sided, and eleven on eleven play. There are some minor modifications to these laws for short-sided play. One page summaries of these modifications are included at the end of this manual.

## SOCCER SAFETY

### *What if the Weather Is Bad?*

Region 49 will cancel home games when the weather is bad (rain with lightening, threatening weather, or severe wind chill). We try to get the notification out early. Games may also be canceled if the fields are deemed unplayable by Wichita Parks and Rec. Dept. due to too much water earlier in the week. If you are unsure whether your player’s game is cancelled, please check the Region 49 website, [Twitter.com/ayso49](https://twitter.com/ayso49), [Facebook.com/ayso49](https://facebook.com/ayso49) or [ayso.bluesombrero.com/region49](http://ayso.bluesombrero.com/region49). **For away games located at another region, check the other region’s web site (listed on page 13). Coaches are responsible for contacting players when games are cancelled. Games that are cancelled may be rescheduled at a date and time to be determined by the RC or the RC’s designated person.**

### *Proper Attire*

As you well know, Kansas weather can be very hot and very cold during our soccer season. Please be sure your players are dressed appropriately for the weather. Sweatshirts and sweatpants (or biking pants) may be worn under the player’s regular uniform. Jerseys will be worn **over** all outer garments. Hoodies: The hood part **must be tucked** into the jersey if not worn. Be sure your child has on sunscreen and brings a water bottle to each practice and game. Water is the best drink for your child during practices and games. Information about chronic medical conditions (diabetes, asthma, seizures, etc.) **must** also be included on your player’s registration form.

Shin guards are mandatory safety equipment throughout the world of soccer. Players without shin guards will not be allowed to play. Referees check player’s equipment before games. (Experienced soccer parents keep soccer gear such as water bottles, shin guards, extra socks, and sunscreen in their cars throughout the soccer season!) Players may wear regulation shoes, gym shoes, or sneakers with or without rubber cleats, but **WITHOUT** a hard side weld or toe cleat. If you choose to purchase cleats, choose soccer shoes, (different than softball, baseball or football cleats). Players will be asked to remove **ALL** jewelry, earrings, watches, necklaces, wristbands, hair clips, and barrettes during practices and games. No hard ball ponytail holders or beaded hair. Players should not get their ears pierced during the season, unless parents are willing to ensure that they are able to remove earrings at practices and games. Players with hard/soft casts or splints will not be allowed to play.

### ***AYSO Accident Reimbursement Plan***

If a registered volunteer coach, volunteer referee, or player is injured during a game or practice, he/she is covered under the AYSO Accident Reimbursement Plan. If an injury occurs, the parent/guardian should contact the Region's Safety Director, the coach, the Regional Commissioner, or the Regional Referee Administrator for assistance in filling out a Preliminary Accident Report Form.

This reimbursement plan only covers players and volunteers who have been officially registered through the Region's Registrar and Child/Volunteer Protection Advocate. The purpose is to reimburse participants for a portion of qualified medical expenses not covered by family insurance. The player's family is responsible for the deductible (see brochure). Our concern is to see that no one suffers unreasonable losses as a result of participation in AYSO. Make sure you read the brochure about the AYSO Accident Reimbursement Plan which you can obtain at the trailer. This will avoid any confusion should you need to file a claim. If a player, volunteer coach or volunteer referee is injured all claims need to be filed as soon as possible. This cannot be over-emphasized! Please contact [safety@ayso49.org](mailto:safety@ayso49.org) or call 686-2976 if you have any questions!!!

### **SOCCER CONDUCT**

Improper conduct on the part of players, coaches, and spectators can result in a caution (yellow card) or ejection (red card). The referee will deal directly with the players and coaches. However, because the coaches are responsible for their team spectators, the referee will attempt to resolve all problems with spectators by talking to the coaches. Continued improper conduct can result in suspension of the game by a referee or a region board member until the involved person leaves the field. This includes spectators, parents and coaches. Only positive coaching and positive comments will be allowed. **THIS IS VERY IMPORTANT TO REMEMBER!!!**

### **STRYKER SOCCER COMPLEX RULES**

Per City/AYSO Region 49 talks, **NO** pets are allowed on the West side of the complex (our playing areas). This includes very small animals that can be carried in tote bags. Board members will ask you to take them to the parking lot. What you see on the ground is from the friendly Geese!

### **No Smoking Policy**

The National, Area and Regional Operating Guidelines Article 7, Item 7 "Conduct during games", states:

**“THE HIGHEST STANDARDS OF CONDUCT AND GOOD SPORTSMANSHIP MUST BE MAINTAINED AT ALL TIMES BY PLAYERS, COACHES, REFEREES, SPECTATORS AND ALL OTHER PARTICIPANTS. OFFENSIVE, INSULTING OR ABUSIVE LANGUAGE IS FORBIDDEN. THE USE OF ALCOHOL, TOBACCO PRODUCTS OR ILLEGAL DRUGS IN THE VICINITY OF THE PLAYING FIELD DURING PRACTICES OR GAMES IS STRICTLY FORBIDDEN.”**

**No smoking will be allowed. Young lungs at work!**

### **THE ROLE THAT PARENTS & SPECTATORS PLAY**

Your role, as parents, has a tremendous impact on your child's experiences as he or she participates in sports. Here are some reminders from our coaches.

#### ***Let the Coaches Coach and Let the Refs Ref***

Leave coaching to the coaches and the refereeing to the referees. This includes motivating your child up for practice, critiquing the game, setting goals, requiring additional training, etc. You have entrusted your player to the coach, and the coach needs to be free to do his/her job. Too many coaches confuse a player and performance usually declines.



### ***Support the Program***

Get involved and help with fundraisers, coaching, refereeing, carpooling, marking fields, helping keep fields clean. Anything YOU can do to support your program. Region 49 is run by volunteers and it is expected that each team provide at least one other parent (other than the coaches) to volunteer his or her services.

### ***Be Your Child's Best Fan***

Support your child unconditionally. Give positive encouragement at all times. Do not withdraw your love when your child performs poorly. Your child should never have to earn your love.

### ***Support the Entire Team***

Foster teamwork. Your child's teammates are not the enemy. When teammates are playing better than your child, your child has a wonderful opportunity to learn. Root for all the players.

### ***Spectators***

Spectators at games must remain behind the spectator line (at least 3 yards from the touchlines) and between the penalty areas and their vocal efforts should be limited to positive compliments to the players. Spectators may **not** stand behind the goal lines of the field. Under no circumstances should spectators attempt to coach or address derogatory remarks to players, coaches, referees, assistant referees or any board member. 8U to 18U spectators shall be on the opposite side of the field from the players. On East and West playing fields, the spectator side is the North. On North and South playing fields the spectator side is the outer side. Teams should be in the middle between the 2 10U fields.

### ***Avoid Bribes***

Bribes distract your child from concentrating properly on practice and game situations.

### ***Encourage Direct Communication with the Coach***

If your child is having difficulties in practice or games or must miss a practice or game, etc., encourage him or her to speak directly to the coach. This "responsibility taking" allows your child to claim ownership, and develops communication skills and self-confidence.

### ***Display Appropriate Behavior***

Be an appropriate role model. Children mimic the behavior they see in parents, coaches, and other players. By keeping these behaviors positive and encouraging, children learn behaviors that are acceptable both on and off the field. Arguments and negative behaviors also distract your child from focusing on the parts of the game that he or she can control, and your child will not play up to his ability.

Remember how you felt when your child threw a tantrum in the store? Remember the embarrassment and humiliation? That is how your child feels when you do the same from the sidelines.

### ***Keep Soccer in Proper Perspective***

Soccer should not be larger than life for you. Remember your relationship with your child will continue long after soccer days are over. Keep your goals and needs separate from your child's experience.

### ***Focus On the Positives***

If your child has come off the field when his team has lost, but he has played his best, help him see this as a "win". Remind him to focus on doing his best, thinking about what went well and why, and accepting the outcome. Teach your child how to recognize achievement in him and others.

### ***AYSO Kid Zone Pledge***

You will be asked to sign an agreement between you and the coach on AYSO KID ZONE. Coaches are asked to keep this form with the player registration forms. Please read carefully. If you as a parent have any problems or concerns, please talk to a Board member at the trailer.

***Concussion Policy***

You and your child should have signed the Parent/Athlete Concussion Information Sheet. Coaches are asked to keep this form with the player registration forms. Any child who has a “shaken” head injury, will be evaluated by: 1) the Referee, 2) the Coach, and 3) the Parent. A Board member will come out and evaluate the situation also. Forms are in the attachment.

***A Final Word: Enjoy!***

Players and parents should have fun and enjoy the game, regardless of the final score. The coach will challenge your child to reach beyond their “comfort level” to improve skills and self-confidence, while keeping a spirit of fun.

At any time that you perceive or see a problem, please let a board member know. We cannot “fix” problems if we are not made aware of them. We want your experience to be a family fun time learning the skills of soccer and playing the game.

We look forward to your continued involvement with your child in your Region 49 AYSO program!

**RESPECT STARTS WITH ME**

**AYSO The World’s Biggest Soccer Club**

**MONTHLY FINANCIAL REPORT -  
Checking**

Region No.: 49  
For the period beginning July 1, 2015  
ending June 30, 2016

June 2016

<u>REVENUES:</u>	<b>Current Period</b>	<b>Year to Date July 1 to June 30</b>
2510 Deferred registration fees		\$0.00
2511 Deferred Early Reg. Discount		\$840.00
2512 Deferred Early Multi-Child Discount	\$90.00	\$90.00
4005 Registration Fee Deposit		\$28,035.00
4006 Registration fee refunds	(100.00)	(\$1280.00)
4007 Early Registration Discount		\$2125.00
4008 Multi Child Discount		\$5840.00
4040 Fund Raising		\$1,007.06
4310 Donations	\$25.00	\$290.00
4959 Other Income -		\$144.00
<b>Total Revenues:</b>		
<u>EXPENDITURES:</u>		
5105 Uniforms – players no tax paid		\$8,062.25
5106 Uniforms – coaches no tax paid		\$216.45
5107 Uniforms – referees no tax paid		\$133.60
5108 Uniforms - board/other no tax paid		\$0.00
5111 Field expenses	\$10.70	\$84.62
5115 Park fees		\$5,348.00
5135 Equipment – No TAX Paid		\$1,397.14
5140 Storage		\$2424.00
5205 National Games Only Business Exp.*		\$0.00
5228 Tournament/National Games Entry Fee		
5255 Ads/newsletters/copies	\$197.57	\$2007.78
5262		
5274 Awards/trophies		\$3,019.38
5701 Payments to AYSO - 6U		\$764.00
5702 Payments to AYSO - NSTC		
5703 Payments to AYSO - Reg Fee		\$6685.50
5704 Payments to AYSO - Supply		\$187.36
7430 Conferences/Board Meetings*		\$26.77
7431 Meetings Section/NAGM*	\$407.65	\$4279.80
7515 Phone/Internet	\$101.96	\$1266.29
7535 Postage		\$179.66
7625 Office supplies		\$119.64
8305 Bank fees		\$28.25
8305.1 Bank fees=credit card fees		\$8.861
8595 Other Expenses	\$19.71	\$19.71

## SMALL-SIDED GAMES – 6U GUIDELINES

### THE FIELD

- Dimensions: 25-35 yards long and 15-25 yards wide
- Markings: Distinctive lines not required. Field can be marked using 10 flat pro-cones and four regular cones.
- Goals: Maximum 4 feet high and 6 feet wide (4' X 6')

### THE BALL

- Size three (#3)

### NUMBER OF PLAYERS

- Maximum number of players on the field at any time: Four (4): no goalkeepers
- Maximum number of players on roster: Six (6)
- Substitutions: Between periods and at halftime
- Playing time: Minimum of 50% of the total playing time for each
- Player and 75% when possible. No one should play four periods until everyone has played three.
- No co-ed teams. Separate girls teams should be promoted at this level of play

### PLAYERS' EQUIPMENT

- Footwear: Tennis shoes or soft-cleated soccer shoes
- Shin guards: MANDATORY for both practices and games and covered by socks.

### REFEREE

- No official referee.  
One or Both coaches should "Officiate"

Emphasize opportunity for players to experience the fun of playing.

The barest of minimum rules are needed and should be applied with a generous amount of flexibility, with minimum interruption.

NOTE: Coaches should briefly explain any infringements to the player(s)  
And help players with instructions.

### DURATION OF GAME

60 minute session: 35 minutes of technical development and one game of four five minute periods with a five minute break.

### THE START OF PLAY

The game should be started with a free kick in the middle of the field. The coaches should determine which team starts the game and the opposing team should start the second half. All free kicks are indirect kicks. NO HEADING No throw-ins

## **SMALL-SIDED GAMES – 8U GUIDELINES**

### **THE FIELD:**

Dimensions: 25-35 yards long and 15-25 yards wide.

Markings: Distinctive lines recommended. Halfway line the width of the field, marked equidistant between the goal lines. Center circle with a six-yard radius in the center of the field.

Goals: Maximum four feet high and six yards wide. (4 ft. X 6 yds.)

### **THE BALL:**

Size three (3).

### **NUMBER OF PLAYERS:**

Maximum number of players on the field at any time: Four (4) no goalkeeper

Maximum number of players on a roster: Six (6)

Substitutions: Between periods, at halftime and for injuries.

Playing time: Minimum of 50% of the total playing time for each player, and 75% when possible. No one sits out twice until everyone has sat out once..

No co-ed teams.

### **PLAYERS' EQUIPMENT:**

Shoes/cleats, no front toe cleat, no steel cleats

Shin guards: MANDATORY for both practices and games, covered by socks

### **8U OFFICIALS:**

AYSO certified 8U Officials or higher and a registered volunteer

8U Officials should emphasize:

- a. Infringements
- b. Fun
- c. Fairness
- d. Safety
- e. Learning

NOTE: Referees should briefly explain any infringements to the player(s) and help players with instructions.

### **DURATION OF GAME:**

Four 10 minute periods. Halftime break of 5 minutes

### **THE START OF PLAY:**

The game should be started with a kick-off in the middle of the field. Coin toss is used to determine which team kicks off to start the game and the other team will kick-off second half. Opponents must be eight yds from the center mark

### **FOULS & MISCONDUCT:**

Direct free kicks for all fouls, with the opponents ten yards away from the ball. Yellow or red cards should not be shown. All free kicks are indirect kicks. Throw-ins replace kick-in. NO HEADING

## SMALL GAMES – 10U GUIDELINES

### THE FIELD:

Dimensions: 55-65 yards long and 35-45 yards wide

Markings: Distinctive: Halfway line the width of the field, marked equidistant between the goal lines. Center circle with an eight yard radius in the center of the field. Corner arcs with a one yard radius at each corner of the field. Goal area in front of each goal measuring 4 yds. X 18 yds. Penalty area in front of each goal measuring 12 yds. X 324 yds. Penalty mark ten yards from the goal line. Penalty arc extending in an eight yard radius from the penalty mark. See Build out line at the end.

Goals: Maximum 6.5 feet high and 18.5 yards wide

### THE BALL:

Size four (4) ball

### NUMBER OF PLAYERS:

Maximum number of players on the field at any time: Seven (7): one of which is a goalkeeper

Maximum number of players on the roster: Ten (10)

Substitutions: Between periods, at halftime and for injuries.

Playing time: Minimum of 50% of the total playing time for each player, and 75% when possible. No one sits out twice until everyone has sat out once.

No co-ed teams

### PLAYERS' EQUIPMENT:

Shoes/cleats: no front toe cleat, no steel cleats

Shin guards: MANDATORY for both practices and games, covered by socks

### REFEREE:

AYSO certified Regional Referees or higher and a registered volunteer. Should briefly explain any infringements to the player(s) and encourage proper play and sporting behavior. Keep game moving and free from stoppages for doubtful infractions. Let them play and enjoy.

### DURATION OF GAME:

Four 12.5 minute periods. Halftime break of 5 – 10 minutes.

### THE START OF PLAY:

Game should be started with a kick-off in the middle of the field. Coin toss is used to determine which team kicks off to start the game and the other team will kick-off second half.

### FOULS & MISCONDUCT:

Opponents must be eight yards from the ball on restart kicks. No HEADING NO PUNTING

### Build out line

The build-out line promotes playing the ball out of the back in a less pressured setting.

The build-out line shall be placed across the field equidistant between the top of the penalty area and the halfway line.

The opposing team must move back behind the build-out line for a goal kick or when the goalkeeper has possession. At any time, the goalkeeper may pass, throw or roll the ball to a teammate who is behind the build-out line.

The goalkeeper or the player taking the goal kick does not have to wait for the opposing players to move behind the build-out line. The play from the goalkeeper or from the goal kick must be played to a teammate who is behind the build-out line. After the ball is put into play, the opposing team can cross the build-out line and play may resume as normal. The first touch is from the goal kick or the pass from the goalkeeper.

The build-out line shall be used as the line to determine offside. Players cannot be penalized for an offside offense between the halfway line and the build-out line.

## **SMALL-SIDED GAMES – 12U GUIDELINES**

### **The field:**

Dimensions: 70-80 yards long and 45-55 yards wide.

Markings: No change from Laws of the Game

Goals: 6.5 feet high x 18.5 feet wide (max 7 ft x 21 ft)

### **THE BALL:**

Size four (4)

### **NUMBER OF PLAYERS:**

Maximum number of players on the field at any time: Nine (9), one of which is a goalkeeper.

Maximum number of players on the roster: Twelve (12)

Playing time: Minimum of 50% of the total playing time for each player, and 75% when possible. No one sits out twice until everyone has sat out once.

No co-ed teams

### **PLAYER EQUIPMENT:**

Shoes/cleats, no front toe cleat, no steel cleats.

Shin guards: MANDATORY for both practices and games, covered by socks

### **REFEREE:**

Must be certified Regional or above, and a registered volunteer

### **DURATION OF GAME:**

Four 15 minute periods. Halftime break of 5 – 10 minutes. No other changes from play as specified in FIFA Laws of the Game Printed for the American Youth Soccer Organization. NO HEADING